23

Revised Recovery Workbook Now Available

The Recovery Workbook: Practical Coping and Empowerment Strategies for People with Psychiatric Disability Revised Edition includes a section related to "Physical Wellness and Recovery," an updated bibliography, and a list of companion resources to further the exploration of recovery for people with psychiatric disabilities.

The Publications Division of the Center for Psychiatric Rehabilitation offers an array of books and products related to recovery. For a complete list of recovery products, visit the Center's website at www.bu.edu/cpr/products. For questions, contact Sue McNamara at suemac@bu.edu or by phone at (617) 358-2574.

Tool Kit for Working with Children

The Substance Abuse and Mental Health Services Administration (SAMHSA) has recently announced the availability of a kit that is designed to provide materials for substance abuse programs so that they can initiate education support programs for the children of their clients in substance abuse treatment. The program will teach children skills such as solving problems, coping, social competence, autonomy, and a sense of purpose and future.

The tool kit has activities for children in elementary, middle and high schools. It contains information for therapists to distribute to their clients to help parents understand the needs of their children, and training materials including posters and DVDs for substance abuse treatment staff who plan to offer support groups for children.

To order, you can call SAMHSA's Health Information Network at 1-877-SAMHSA-7 and ask for inventory number CPKIT-D. You can also access it via their website at http://ncadistore.samhsa.gov/catalog/productDetails.aspx? ProductID=17245

New training video available on working with employees with psychiatric disabilities

Understanding Employees and Job Applicants with Psychiatric Disabilities features real-life work scenarios focusing on medical and vocational aspects associated with psychiatric disabilities in the workplace. Both medical and legal experts provide insight to psychiatric disabilities and ways for the employer to provide reasonable accommodations as required under the ADA.

Four disorders are covered in detail: Schizophrenia, PTSD, Bipolar disorder, and OCD. The experts consist of two doctors - a psychiatrist and clinical psychologist - and H. Joan Ehrlich, EEOC's former S.F. District Director. It shows examples of positive vocational rehabilitation services such as job coaches, arrangements made between employers and people with mental disabilities, and ways in which viable employment for people with psychiatric disabilities is beneficial for both employer and employee. The video also comes with a companion workbook to enhance understanding of the topics covered. The training video is a valuable asset for any Vocational Rehabilitation agency's resource library. It is an excellent tool to help clients and employees by continuing to help erase the stigma attached to the invisible illnesses of our society. Professor J. Havranek, who teaches Rehabilitation Counseling at Bowling Green State University, highly recommends this video and you can read the full review here: www.pwdf.org/media/havranek.html < http://www.pwdf.org/media/havranek.html > .

Title: Understanding Employees and Job Applicants with Psychiatric Disabilities in the Workplace

Length: 28 minutes

Subtitles: English/Spanish Additional Materials: Workbook

Cost: \$164.95 (discounts are available, please contact PWDF at <u>education@pwdf.org</u> with price queries) For More Information and to see clips of the training

video: info@pwdf.org; http://www.pwdf.org